

The Telltale

FOLSOM LAKE YACHT CLUB

July 2007

Representing Folsom Lake Sailors for Over 50 Years

website: www.flyc.org

EVENT CALENDAR

July

7-8	High Sierra Regatta (CB)	11:00 am	Huntington Lake
10	Membership Meeting	6:30 pm	Amore Café, 2220 Gold Spring Ct, Gold River
11	Beer Can Race	6:00 pm	Folsom Marina
14-15	High Sierra Regatta-Keel Boats	11:00 am	Huntington Lake
17	Board Meeting	7:00 pm	Galeria Residence
18	Beer Can Race	6:00 pm	Folsom Marina
25	Beer Can Race	6:00 pm	Folsom Marina
28	Big Brother/Sister Sail	10:00 am	Folsom Marina

August

1	Beer Can Race	6:00 pm	Folsom Marina
8	Beer Can Race	6:00 pm	Folsom Marina
11	Centerboard River Regatta	11:00 am	Folsom Lake - South Fork
14	Membership Meeting	6:30 pm	Amore Café, 2220 Gold Spring Ct, Gold River
15	Beer Can Race	6:00 pm	Folsom Marina
18	Delta Dinghy Ditch Race	TBA	Rio Vista to Lake Washington
22	Beer Can Race	6:00 pm	Folsom Marina
25	Hot August Night Regatta	6:00 pm	Folsom Lake
29	Beer Can Race	6:00 pm	Folsom Marina

September

1-3	Labor Day Cruise	TBA	TBA
5	Beer Can Race	6:00 pm	Folsom Marina
8	Governor's Cup Regatta	10:00 am	Folsom Lake
11	Membership Meeting	6:30 pm	Amore Café, 2220 Gold Spring Ct, Gold River



COMMODORE'S COLUMN

Our next Member's Meeting is scheduled for July 10th, again at the very popular Amore Café, 2220 Gold Spring Court, Gold River, just a few doors from 'Chevy's' off Sunrise Blvd. There will be lots to talk about: recent events at the meeting, given the many members who recently attended 'Notes on Boats,' 'Lady and the Tramp,' and the 'High Sierra Regatta'.

Also, as many of you know we bought a Coho boat to replace our tried and true, but used, Whaler. The Lake Washington Sailing Club was very interested in the Whaler and even took a test drive, but determined that it and the trailer were too big to store under their clubhouse.

So, the Whaler (boat, motor, and trailer) is on the open market to a new home. If you know of someone interested in a good boat, please let them or me know about it. We'll be asking \$3,000, which is a deal, but we'll also entertain all offers.

Steve



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VICE-COMMODORE'S REPORT

It's been pretty quiet at the lake lately. But we did hold the annual *Lady and the Tramp* race on June 23rd. Three boats made it out for 2 $\frac{1}{4}$ races. The wind held up for the first two, but died as the 3rd race started. Mercifully, the race committee (George Koch and Bob Backer) finished the boats at the weather mark. Overall, Lanette Strain came in first, with Joyce Johnson 2nd and Sheila Peddy in 3rd.

There's no racing scheduled at the lake in July. But don't forget the Big Brothers Big Sister sail on July 28th. And also don't forget the Wednesday night beer can races every Wednesday night though the summer.

The next race is the *Hot August Night* race, scheduled for August 25th. We'll get started around 6:00pm.

Mark



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REAR COMMODORE'S REPORT



Coho ahoy, belay the Whaler.

Yes, the club's upgrade for a chase boat/mark setting boat/committee boat/rescue boat is the beautiful Coho, looking good and ready to serve the club. Many thanks go out to Steve Galeria and Bob Backer for a lot of elbow grease and attention to detail to get the Coho ready. Great job, guys! Now, the trusty old Whaler is ready to move on to other waters, wherever they may be. We will be getting out the "For Sale" sign for the 16' Whaler with the 20 HP Yamaha and trailer, a fine candidate for a work boat, fishing boat, etc., probably not a boat to enter a beauty contest with however! Once again, thank you Steve and Bob for all of your hard work!

Oh, one more thing. Just when you thought it was safe to put away your work gloves and painting clothes, we have a couple of projects that could use volunteers for this summer.

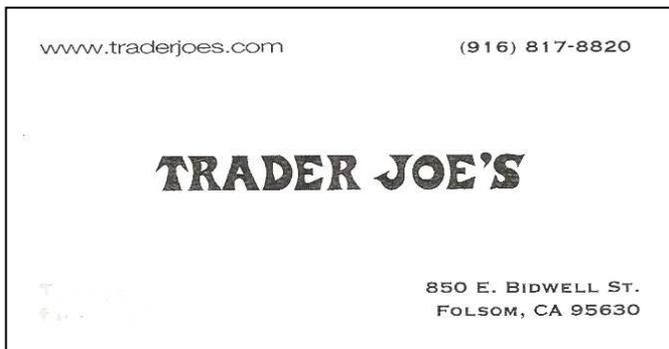
The deck of the clubhouse dock needs to be washed off and coated with deckpaint that we have in stock.

Also, there has been talk in the past of making a cover for the Dewitt dinghies to keep the sun off of them.

Also, if anyone has a tarp to spare, the TransFolsom/Camellia Cup marks in dry storage need to be covered for the summer to keep the sun at bay.

So, if you are can take on any of these projects, please let me know!

Phil



MEMBERSHIP MEETING

Meeting Notes, June 12, 2007

Kerry and Joyce Johnson, Tom and Sandy Clark, Stephanie and Mark Erdrich, Madeline and Mike Rayfuse, Dave and Lanette Strain, Pat and Steve Galeria, Austin Quilty, Gary Preston and Bob Carl spent the FLYC meeting together, eating, socializing, and either listening to, or actively sharing about their recent sailing adventures.

- Treasurer Gary Preston reported that FLYC is in good financial health
- Both the Camellia Cup and TransFolsom reported profits.
- E-Life event is coming up. Be sure to volunteer for this moneymaking event
- Club events keep FLYC afloat, literally and figuratively.
- There is a training planned for members who would like to train to be future Race Protest Committee people. This is tentatively scheduled for June 30, 9:00 AM. Contact George Koch or Bob Backer.
- Notes on Boats, the music on the water, was great. A perfect day, with music sounding great. Unfortunately, the attendance was low. Perhaps it was too early in the month for warm water swimming.
- GOOD NEWS: Bill Blackburn is running a successful Juniors Program. 5 young sailors are participating.
- UPCOMING events include: two weekends at Huntington, Joe Cool Regatta, Single-Hand, Hot August Nights, (an evening race in South Fork), Bigs and Littles coming up as well.

SHARED STORIES

Kerry Johnson shared about the JAZZ CUP at Lake Washington, where he and Joyce sailed their C15, along with 5 other C15s, and 6 Lidos, as well as a smattering of other open class boats. Typically, (for the valley) the Sat. race was a drifter, and Sun. featured 20-30 knot winds.

Mike Rayfuse and Dave Strain shared their experiences at the GOLD COUNTRY REGETTA, in Nevada City. Mike and Madeline took first. The winds were fluky, but mark 8, the pivotal down-wind mark was the undoing of many boats. Mike had just enough momentum to round it and get up to speed, before everyone else got trapped.

Mark Erdrich shared his experiences at Fern Ridge, Eugene, OR, in his Santana 20. Mark said the wind came from: First, the west, then the North, then the East, Back to the West, and finally from the South. It was exciting and frustrating. Fern Ridge featured 21 S20s, and a bunch of other boats. Sometimes it is not the race itself that makes a good story, but the peripheral events, like John Poimiroo missing a flight.

Bob Carl shared his story at Whiskeytown. Again, some of the story was not about sailing the Banshees, but about the accommodations, and the Banshee Comedy of Errors.

EDUCATIONAL NEWS

PICYA, the Pacific Winter-Club Yacht Association and Western Boating Safety Group that FLYC belongs to, is offering three \$2500 scholarships for graduating seniors or students continuing higher education learning. These scholarships are for students whose parents, grandparents or guardian are members of a yacht club that belongs to PICYA. Students who received the scholarship last year may reapply. The scholarship packet can be downloaded from the PICYA web site, www.picya.org or by contacting Linda Breninger at lbreninnger@jps.net or calling 916-771-5685. DEADLINE FOR SUBMITTING APPLICATIONS IS AUGUST 30, 2007.

It is nice to know that some of our dues money to PICYA is used this way. *Lanette*



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FLEET 4 EVENTS

ANNUAL BIG/LITTLE EVENT: CALLING ALL BOATS!

July 28th will be the annual Big Brother/Big Sister Sailing Day. This very popular event is offered to the Big/Little pairs each year and has proven to be one of the hit events of the year. Kids who can benefit from time spent with adult role models are paired and spend quality time throughout the year. This event offers many kids who would never get onto the lake or a sailboat the chance to experience a fun event. The kids love the success of steering the sailboat, or just having fun jumping into the water. Most years, the boats sail near each other, stopping to splash and swim to cool off. It is another great chance to use your water guns and get your boat cleaned off! After the morning on the water, all head back to the hilltop for a picnic of hot dogs, hamburgers, and all the accompaniments. Meet at the hilltop at 9:00 AM to pick up the Big/Little pairs. On the water by 9:30 or 10:00, we come back to shore around 12:00 noon for lunch. Usually done by 1:00, you can head back to your boat knowing that you have made for a very special day for some kids who really need it. Call Karen Preston (916- 979-9819) ASAP to sign up and tell us how many pairs you want on your boat. We always need lots of volunteer boats to accommodate everyone who wants to come. We also need a few people to stay onshore to prepare the picnic. All volunteers are appreciated.

Karen



4 UM

Around the Buoys, or bringing home the gold.

Earlier this month several local (FLYC/FLEET 4) sailors ventured north about 90 miles to Scotts Flat Reservoir for the GO FOR THE GOLD regatta.

This was the author's second trip to this lake, situated at 3000 feet elevation 15 minutes east of Nevada City.

The Gold Country Yacht Club has been doing this event for some time and they have got it down pretty good. The facilities they have built between the launch ramp and the parking lot

are ideal for serving meals (Saturday dinner and Sunday Continental Breakfast), space for a band/dance floor, two barbeque pits, seating for 80-100 people, PA system and secure storage adjacent to the facility.

Fifty four boats in 6 starts competed in five races with 3 on Saturday and 2 on Sunday using 8 marks set in a circle one mile across. This size presented one problem that I learned about last year-the lake is just big enough for the circle and one of the predominant weather marks is very close to the shore at the base of a large mountain.

On approach to the weather mark, one can tack without changing course, or park 30 feet from the mark with boats going by on both side on the same course but on opposite tacks only 20 feet away or everybody can park it for 2-3 minutes, or the wind will shift so suddenly and strongly that one can be back winded into a broach with a spinout and jibe that leaves you on the same tack going the opposite direction. Just ask Dave Strain. Basically there is almost no advantage getting there first, as you become the lesson/example for those following, as to what not to do, or where not to go. Last year, yours truly was first to the mark 3 out of 5 times and got around 1st only once. This year we did better, being there 1st 4 out of 5 times, and got around 1st 2 times.

The rest of the course was somewhat typical lake sailing, but the shifts were 10 minutes apart lasting a whole leg versus the shorter cycles Folsom Lake gives us. It seem like the wind would come around the south side of the mountain for 10 minutes then shift to the river canyon and Dam side on the west for another 10 creating the parking lot at the weather pin during the change.

Last year's C22 winner, Don Hare, started out strong with 2 bullets on the first day, but lost a protest situation turning a 4th into a 13th and with no throw outs... that hurt. Yours truly was very happy to have 2 seconds but went totally unconscious after a near collision while in 4th place at the leeward mark. Dave Strain was hailing us to follow him-but no, I went my way and he took 2nd to my 9th. After day one, the top five boats where within 2 points between 13 to 15 points. Four local teams were in the top 5, yours truly & crew Madeline, Dave Strain and Randy Hollingsworth and a greatly improved Greg Rohde with son Michael crewing and Don Hare from Sacramento but belonging to GCYC.

Sunday was more of the same at the weather mark. Even though the race committee brought the mark a little closer to the start line, it really wasn't close enough, as in race 4, 3 boats, yours truly, Greg Rohde and Dave Torrisi got around the weather mark and the remainder of the class "parked" with the last boat getting around just ahead of the next class (6 minutes behind). The 3 boat pack had an insurmountable lead and finished in the same order as the 1st weather rounding.

The last race showed the competitors a textbook example of the wheel that I discussed 2 months ago; the 2 leaders separated by one boat length were approaching the weather lay line 100 feet below the mark and started to get lifted until they had turned 50-60 degrees without reaching the lay line. Following the leaders but slightly inside of them and remembering my article, we tacked and were rewarded with a lift and pressure that quit 2 boat lengths from the mark. Momentum allowed us to squeak by the mark and then we were "gone" with a 75 second lead at the next 2 marks.

Realizing we were about to win, my crew started to hail some kayakers known to us "we're going to win". I said that is bad luck, don't tempt fate; the mast could still fall down. Well the mast held and we got our second bullet of the day, giving "SIRIUS" the overall win with Greg Rohde "Crosaidh" (Crissy) second, and Dave Strain(Blue Diamond) in 6th.

Recalling "fate" my crew got hers, when she fell off the transom ladder 30 minutes latter, in the parking, lot fracturing 2 bones in her left wrist. This regatta's lesson-Humility!

Some other observations-getting in the wedge at the start line seemed to decrease the odds of getting a good start. After the 1st race we circled in the middle of the line which allowed port or starboard starts and the ability to lee bow the leader of the starboard wedge or be the leader of the port wedge on port starts. Hey it worked.

Second thing was the organization of the regatta-complete to the "mast eating tree guard"; well done by the GCYC. My only criticism would be the lack of "rolling starts" With looong waits between races.

How bout them Kiwis'?

Fair sailing

Michael Rayfuse



DINGHY NEWS

FLYC Banshees, C-15's, Megabytes and Lidos are scheduled to participate in the Fresno Yacht Club High Sierra Regatta, July 7-8. Mary has reservations at Deer Creek Campground for the group. We'll have Momma Mary's now famous Spaghetti feed on Friday evening followed by a delicious Mexican Cuisine Potluck dinner on Saturday evening. Yum, I can hardly wait, and sailing, too, and the most beautiful sailing venue around, wow! If you have not yet made arrangements for camping or discussed what Mexican food to bring for the pot luck dinner, be sure to contact Mary ASAP, as she leaves June 29th.

Last month I reported on the results of the Whiskeytown Memorial Day Regatta. On the same weekend, several of our FLYC sailors raced in the Lake Washington Sailing Club Jazz Cup. George Koch and Scott Fredrickson placed 3rd in the Lido class followed by Mark and Bryan Dawson. Kerry Johnson placed 4th in the C-15 Class. Congratulations guys!

On the home front I went up to the marina to clean the Olson this evening and saw a big sign at the gate station that said "Pull Boats August 1st". Although this early pull date will certainly discourage some keelboat sailors who do not like launching their boats, it is a great opportunity for dinghy sailing. So rather than complain about mother nature's lack of rainfall, maybe it is just her way of saying "there is a Banshee out there with your name on it" or "you two would look great in a Lido this summer" or " hey sport, get a C-15!". So don't get frustrated, take a lesson from George Koch or the Hart-Witcher's and just get another boat for your personal fleet! They're like shoes; you can't wear the same pair for every occasion.

I hope to see you out racing this summer!

*Dean
"Beware of Dog"*

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Folsom Lake Yacht Club was organized in 1956 to foster and perpetuate the sport of sailing and to conduct sailing activities; to conduct and encourage growth and development of sailboat racing; to conduct social activities among members of the Club and mutually interested organizations and to uphold the principles of good sportsmanship and the highest standards of the sport of sailing. FLYC is a member of PICYA, USSail and YRA.



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