



Folsom Lake Yacht Club

2014 Trans-Folsom Sailing Instructions

Last Revision: 3/7/2014

1. Rules

1.1. The regatta will be governed by the Racing Rules of Sailing 2013-2016 (RRS), the prescriptions of the US Sailing, the rules of the participating classes, and by these sailing instructions.

2. Entries

2.1. Competitors may enter by registering at the FLYC clubhouse before the Skipper's Meeting is scheduled to start.
2.2. Entries must be received by 8:30am on Saturday, April 5th.

3. Notices to Competitors

3.1. Notices to Competitors will be posted outside the FLYC clubhouse.

4. Changes to Sailing Instructions

4.1. All changes to the Sailing Instructions will be posted on the official Regatta notice board located at the FLYC Clubhouse.
4.2. All notices will be posted by 9:00am on the day they take effect, except that any changes to the race schedule will be posted before 8:00pm on the day before they take effect.

5. Signals Made Ashore

5.1. Signals made ashore will be displayed on a pole near the FLYC clubhouse or from the Committee boat if dockside.
5.2. Flag "AP" with two sound signals (one when lowered) means "The race is postponed. The Warning Signal will be displayed not less than 30 minutes after the "AP" is lowered."
5.3. Flag "B" when fully hoisted after the last boat finishes means "Protest time has begun – the 30 minute protest filing period is open." One sound signal will accompany the hoisting and lowering of flag "B." When lowered, this means "Protest time has expired."

6. Schedule of Races

Saturday, April 5th

Skipper's Meeting	9:00am at the FLYC Clubhouse
Start of Race	10:00am
Awards Ceremony	About 30 minutes after the last boat finishes

7. The Course

7.1. A course sheet showing the Trans-Folsom course will be available at the Skipper's Meeting, as will a page containing the starting times for all boats.
7.2. If VHF communication is provided by race committee, channel and radio use instructions will be provided during the skippers meeting.

8. Marks

8.1. The marks are numbered 1, 4, 7, 9, 11, 12, 14, and 15 as shown on the course chart.
8.2. Marks 1 & 7 are yellow cylinders. The other marks are plastic barrels approximately 24" in diameter with the corresponding mark number painted on the side of the barrel.

9. The Start

9.1. Racers will start based off of their PHRF Rating.
9.2. If the start of the race is delayed, the number of minutes delayed will be displayed on the course board.
9.3. If there is a number displayed on the course board, racers will add that many minutes to their start time to determine their new start time.
9.4. The starting line shall be a red flag between the Race Committee boat and a red flag on a starting mark.
9.5. A boat that does not start within 20 minutes of their scheduled start time will be scored **DNS**.
9.6. It is up the skipper of each boat to know their start time. The Race Committee will not communicate start times to any boat on the water.

10. Change of Course after the Start

10.1. Any changes to the course will be indicated by a Race Committee boat near the next mark. The Race Committee boat shall fly a flag (as indicated below) to designate the course change.
10.2. Any change will be accompanied by multiple sound signals and will be signaled before the leading boat reaches the mark.
10.3. If a class flag or placard is displayed, the change applies only to that class.

10.4. Code Flags

10.4.1. Code Flag "S", will designate that competitors shall finish between the rounding mark and the committee boat.
10.4.2. Code Flag "F", will designate that competitors shall pass between the rounding mark and the committee boat and then proceed to the finish line.

11. The Finish

- 11.1. The finish line will be between an Orange Buoy floating inside Brown's Ravine (Cove) and a White Roof Support on the FLYC Clubhouse overlooking the main launch ramp at Brown's Ravine. The White Roof Support shall also display an Orange Flag. The first boat to cross this line in each class will be given a horn; all other finishers will be given a whistle. After finishing, boats shall keep clear of the finish area.

12. Time Limit

- 12.1. All boats must finish by 8:00pm.

13. Protests

- 13.1. Protests shall be filed in writing at Regatta Headquarters while Code Flag "B" is flying from the Race Committee boat. US Sailing Forms for filing protests will be available at clubhouse. Protest notices will be posted at the FLYC Clubhouse within 30 minutes of the end of the protest time limit to inform competitors where and when there will be a hearing in which they are parties to a hearing or named as a witness.
- 13.2. The Protest Committee will be made up of Race Committee members and other competitors who have no vested interest in the outcome of the protest.

14. Scoring

- 14.1. All boats will be scored / placed in the order they finish the race. If the course is shortened, scoring / placement will be based on corrected time using 'time on distance' calculations

15. Safety

- 15.1. Boats requesting assistance will have one crew member clasp hands overhead as the appropriate distress signal. Rescue boats, under the direction of the Race Committee, may ask sailors to leave their boat. Failure to do so when ordered will result in disqualification from the entire regatta
- 15.2. Multi-hull racers are required to wear Coast Guard approved PFDs (personal flotation devices) while racing. When Code Flag "Y" is flown from the Race Committee boat, PFDs shall be worn by all competitors while racing. Those not complying will be "DSQ'd." This changes **RRS #40**.

16. Awards

- 16.1. Awards will be presented as follows:

4 Starters	1 Trophy
5-7 Starters	2 Trophies
8-10 Starters	3 Trophies
11-15 Starters	4 Trophies
16+ Starters	5 Trophies

- 16.2. The Keel Boat and the Multi-hull Boat Perpetual Trophies will be awarded based on the best keel boat and best multi-hull boat finish.

17. Dock Party

- 17.1. At the end of each day's racing, all participants, family members, and guests are invited to attend a dock party at the conclusion of the day's events. This will be held at the FLYC clubhouse.