



Folsom Lake Yacht Club

Spring Series Sailing Instructions

Last Revision: 1/16/2019

1. Rules

- 1.1. All races in each series will be governed by the Racing Rules of Sailing 2017 – 2020 (RRS), the prescriptions of the US Sailing, the rules of the participating classes, and by these sailing instructions.

2. Entries

- 2.1. Competitors are encouraged to indicate their intent to compete in the series to the Vice Commodore prior to the Skipper's Meeting of the first race of the series is scheduled to start. Class fleets will be determined by the number of competitors who have either indicated intent before, or who register at, the Skipper's Meeting of the first race of the series.
- 2.2. Competitors for each day's racing may enter by registering at the FLYC clubhouse before the Skipper's Meeting is scheduled to start.

3. Notices to Competitors

- 3.1. Notices to Competitors will be posted outside the FLYC clubhouse.

4. Changes to Sailing Instructions

- 4.1. Any changes to the Sailing Instructions will be communicated to the competitors at the Skipper's Meeting.

5. Signals Made Ashore

- 5.1. Signals made ashore will be displayed on a pole near the FLYC clubhouse or from the Committee boat if dockside.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'.

6. Schedule of Races

- 6.1. Racing is scheduled for February 2, February 9, February 23, March 2, and March 16 of 2019.
- 6.2. Three (3) races are scheduled each race day.
- 6.3. The first warning signal will be no earlier than 11:00am.
- 6.4. Subsequent races will be after the completion of each race.
- 6.5. Classes may be started in any order.
- 6.6. No warning signal will be made after 15:00.
- 6.7. If the lake water level is projected to be below 400 feet, then the day's racing will be cancelled.

7. Class Flags

- 7.1. Class Flags and placards will be assigned at the Skipper's Meeting.

8. Racing Area

- 8.1. A course sheet showing the FLYC circle racing area is available at the Skipper's Meeting.

9. The Course

- 9.1. The courses are described on the course sheet and may be modified or augmented by the Race Committee at the skipper's meeting or at the starting area.
- 9.2. If VHF communication is provided by race committee, channel and radio use instructions will be provided during the skippers meeting.

10. Marks

- 10.1. The marks are numbered 1 - 8 as shown on the course chart.
- 10.2. Marks 3, 4, 5, 6 are plastic barrels approximately 24" in diameter with the corresponding mark number painted on the side of the barrel.
- 10.3. Marks 1, 2, 7, 8 are yellow inflatable cylinders. Not all of these marks will be in place while racing.
- 10.4. Mark descriptions are subject to change. If changed from these descriptions, then the Race Committee will inform competitors of such changes at the skipper's meeting or at the starting area.

11. The Start

- 11.1. Races will be started as per RRS #26, with classes starting as indicated by the class flag and/or placard.
- 11.2. The number of the first mark for each class will be displayed along with the class placard and the course to be sailed.
- 11.3. Multiple sound signals will be made approximately 1 minute before the first warning signal.
- 11.4. Unless otherwise specified at the skipper's meeting, the starts will be rolling starts, with the warning signal for the next class occurring simultaneously with the start of the previous class.
- 11.5. The starting line shall be a red flag between the Race Committee boat and a red flag on a starting mark.
- 11.6. The Race Committee may designate the course no later than the Preparatory signal. This changes RRS #27.1.
- 11.7. If a class incurs a General Recall, the Recalled class starts after all other classes have started. This changes RRS #29.2.

12. Change of Course after the Start

- 12.1. Any changes to the course will be indicated by a Race Committee boat near the next mark. The Race Committee boat shall fly a flag (as indicated below) to designate the course change.
- 12.2. Any change will be accompanied by multiple sound signals and will be signaled before the leading boat reaches the mark.
- 12.3. If a class flag or placard is displayed, the change applies only to that class.
- 12.4. Code Flags
 - 12.4.1. Code Flag "C", will designate only the next mark of the course to be sailed. Boats will round marks thereafter in keeping with the appropriate course configuration designated for their class.
 - 12.4.2. Code Flag "S", will designate that competitors shall finish between the rounding mark and the committee boat.
 - 12.4.3. Code Flag "F", will designate that competitors shall round the current mark and then proceed to the finish line.

13. The Finish

- 13.1. The finish line will be the same as the start line. The first boat to finish will be given a horn; all other finishers will be given a whistle. After finishing, boats shall keep clear of the finish area until all classes have finished, unless starting another race.

14. Time Limit

- 14.1. The leading boat of a class must finish within 2 hours from the start of her class. Boats failing to finish within one (1) hour after the lead boat finishes shall be scored "DNF." This changes RRS #35.

15. Protests

- 15.1. Protests shall be filed in writing at Regatta Headquarters within 30 minutes of the Race Committee boat arriving dockside, and the hoisting of Code Flag "B" at the committee boat or at the FLYC Clubhouse. USSA Forms for filing protests will be available at clubhouse. Protest notices will be posted at the FLYC Clubhouse within 30 minutes of the end of the protest time limit to inform competitors where and when there will be a hearing in which they are parties to a hearing or named as a witness.
- 15.2. The Protest Committee will be made up of Race Committee members and other competitors who have no vested interest in the outcome of the protest.

16. Scoring

- 16.1. The Low-Point Scoring System, Appendix A, will apply, modified so that each boat's regatta score will be the total of her race scores, and with her worst score(s) discarded as shown in the table below:

# of Races	# of Discards
1-5 Races	0 Discard
6 Races	1 Discard
9 Races	2 Discards
12 Races	3 Discards
13+ Races	4 Discards

- 16.2. Open multihull and open centerboard class boats will be scored using the most recent Portsmouth Wind Velocity Handicap numbers (HC) for the average estimated wind velocity of each race. Keel boats competing in a handicap fleet will be scored via PHRF time-on-time method, using the most recent FLYC PHRF class rules. (Please refer to the website at www.flyc.org to procure the PHRF class rules).
- 16.3. If the skipper of a boat entered in the Series performs Race Committee duties for one of the Series race days instead of racing, the boat will receive a score of 1 point for each race in the boat's class on that day. This is limited to one race day per series.
- 16.4. The number of boats in a class is determined at the Skipper's Meeting of the first race of the series. A one-design class fleet requires a minimum of three (3) boats. If the number of competitors requesting a one-design class fleet at that time is less than three (3), then those competitors will be in an open fleet – open centerboard, open keel, or open multi-hull as appropriate.
- 16.5. If a boat joins a class fleet after the classes have been assigned, then that boat will count towards the number of starters used to determine the number of trophies, but it will not affect assignments of the class fleets as they are established for the series once they have been assigned at the Skipper's Meeting of the first race of the series. That boat will be scored "DNS" for all races in the series prior to the boat joining the series.

17. Safety

- 17.1. Safety is the primary concern of the Race Committee. All centerboard and multihull boats will have, as a minimum, a 15-foot tow line (painter) attached to their mast or suitable bow fitting while afloat. Keelboats must have a boarding ladder aboard. Rescue boats under the direction of the Race Committee may ask /order skippers and crew to leave boats in distress. Failure to do so when so ordered will result in a disqualification from the entire series or regatta. When Code Flag "Y" is flown from the Race Committee boat, personal flotation devices (PFDs) must be worn by everyone until ashore. Those not complying with this rule shall be disqualified. Every boat shall render all possible

assistance to any vessel or person in peril, when in a position to do so. If possible, boats retiring for the day shall notify the Race Committee.

18. Awards

18.1. Series awards are based on the number of individual boats in a class fleet that started at least one race in the series and will be presented as follows:

4 Starters	1 Trophy
5-7 Starters	2 Trophies
8-10 Starters	3 Trophies
11-15 Starters	4 Trophies
16+ Starters	5 Trophies

18.2. The boat that comes in 1st place in an individual race will receive an individual race award.

19. Dock Party

19.1. All participants, family members, and guests are invited to attend a dock party at the conclusion of the day's events. This will be held at the FLYC clubhouse.