



Folsom Lake Yacht Club

2014 Summer Series Sailing Instructions

Last Revision: 5/2/14

1. Rules

1.1. The regatta will be governed by the Racing Rules of Sailing 2013-2016 (RRS), the prescriptions of the US Sailing, the rules of the participating classes, and by these sailing instructions.

2. Entries

2.1. Competitors may enter by checking in with the FLYC Race Committee boat at the center pin or by VHF radio on Channel 68 after 5:30pm.

2.2. There will be no skipper's meeting before any of the Summer Series race days.

3. Notices to Competitors

3.1. Notices to Competitors will be posted outside the FLYC clubhouse.

4. Changes to Sailing Instructions

4.1. Any changes to the Sailing Instructions will be communicated to the competitors at the starting line and over VHF radio on Channel 68.

5. Signals Made Ashore

5.1. Signals made ashore will be displayed on a pole near the FLYC clubhouse or from the Committee boat if dockside.

5.2. When flag *AP* is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'.

6. Schedule of Races

6.1. Three (3) races are scheduled each race day. The first warning signal will be no earlier than 6:00pm.

6.2. The last warning signal will be no later than 8:00pm

6.3. If the lake water level is projected to be below 400 feet, then the day's racing will be cancelled.

7. Racing Area

7.1. A course sheet showing the FLYC circle racing area is available from the Race Committee.

8. The Course

8.1. The courses are described on the course sheet.

8.2. Race Committee will be monitoring channel 68, race instructions will be provided on this channel.

9. Marks

9.1. The marks are numbered 1-8 as shown on the course chart.

9.2. Marks 3, 4, 5, 6 are plastic barrels approximately 24" in diameter with the corresponding mark number painted on the side of the barrel.

9.3. Marks 1, 2, 7, 8 are yellow inflatable cylinders. Not all of these marks will be in place while racing.

10. The Start

10.1. Races will be started as per **RRS #26**, with classes starting as indicated by the class flag and/or placard.

10.2. The number of the first mark for each class will be displayed along with the class placard and the course to be sailed.

10.3. Multiple sound signals will be made approximately 1 minute before the first warning signal.

10.4. The starts will be rolling starts, with the warning signal for the next class occurring simultaneously with the start of the previous class.

10.5. The starting line shall be a red flag between the Race Committee boat and a red flag on a starting mark.

10.6. The Race Committee may designate the course no later than the Preparatory signal. **This changes RRS #27.1.**

10.7. If a class incurs a General Recall, the Recalled class starts after all other classes have started. **This changes RRS #29.2.**

11. Change of Course after the Start

11.1. Any changes to the course will be indicated by a Race Committee boat near the next mark. The Race Committee boat shall fly a flag (as indicated below) to designate the course change.

11.2. Any change will be accompanied by multiple sound signals and will be signaled before the leading boat reaches the mark.

11.3. If a class flag or placard is displayed, the change applies only to that class.

11.4. Code Flags

11.4.1. Code Flag "C", will designate only the next mark of the course to be sailed. Boats will round marks thereafter in keeping with the appropriate course configuration designated for their class.

11.4.2. Code Flag "S", will designate that competitors shall finish between the rounding mark and the committee boat.

11.4.3. Code Flag "F", will designate that competitors shall round the current mark and then proceed to the finish line.

12. The Finish

- 12.1. The finish line will be the same as the start line. The first boat to finish will be given a horn; all other finishers will be given a whistle. After finishing, boats shall keep clear of the finish area until all classes have finished, unless starting another race.
- 12.2. If designated, the last race may finish within Brown’s Ravine. The race committee will inform all participants of the exact finish location.

13. Time Limit

- 13.1. The leading boat of a class must finish within 2 hours from the start of her class. Boats failing to finish within one (1) hour after the lead boat finishes shall be scored “DNF.” **This changes RRS #35.**

14. Protests

- 14.1. Due to the time constraints in regard to the State Park hours, please attempt to resolve any on the water infractions through penalty turns or mutual agreement between skippers. If mutual agreement cannot be reached, present your case to the Race Committee before leaving for the evening and the Race Committee will review the complaint and make adjustments before the next race day.
- 14.2. The Protest Committee will be made up of Race Committee members and other competitors who have no vested interest in the outcome of the protest.

15. Scoring

- 15.1. The Low-Point Scoring System, Appendix A, will apply, modified so that each boat’s regatta score will be the total of her race scores, and with her worst score(s) discarded as shown in the table below:

4-6 Races	1 Discard
7-9 Races	2 Discards
10-12 Races	3 Discards
13+ Races	4 Discards

- 15.2. Open multihull and open centerboard class boats will be scored using the most recent Portsmouth Wind Velocity Handicap numbers (HC) for the average estimated wind velocity of each race. Keel boats competing in a handicap fleet will be scored via PHRF time-on-time method, using the most recent FLYC PHRF class rules. (Please refer to the website at www.flyc.org to procure the PHRF class rules).
- 15.3. If the skipper of a boat entered in the Series performs Race Committee duties for one of the Series race days instead of racing, the boat will receive a score of 1 point for each race in the boat’s class on that day. However, this is limited to one race day per series.

16. Safety

- 16.1. Safety is the primary concern of the Race Committee. All centerboard and multihull boats will have, as a minimum, a 15-foot tow line (painter) attached to their mast or suitable bow fitting while afloat. Keelboats must have a boarding ladder aboard. Rescue boats under the direction of the Race Committee may ask /order skippers and crew to leave boats in distress. Failure to do so when so ordered will result in a disqualification from the entire series or regatta. When Code Flag “Y” is flown from the Race Committee boat, personal flotation devices (PFDs) must be worn by everyone until ashore. Those not complying with this rule shall be disqualified. Every boat shall render all possible assistance to any vessel or person in peril, when in a position to do so. If possible, boats retiring for the day shall notify the Race Committee.

17. Awards

- 17.1. Awards will presented as follows:

4 Starters	1 Trophy
5-7 Starters	2 Trophies
8-10 Starters	3 Trophies
11-15 Starters	4 Trophies
16+ Starters	5 Trophies

- 17.2. The boat that comes in 1st place in an individual race will receive an individual race award.

18. Dock Party

- 18.1. All participants, family members, and guests are invited to attend a dock party at the conclusion of the day’s events. This will be held at the FLYC clubhouse.