



# Folsom Lake Yacht Club

## 2014 Lady & the Tramp Sailing Instructions

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Last Revision: 5/1/14

### 1. Rules

- 1.1. The regatta will be governed by the Racing Rules of Sailing 2013-2016 (RRS), the prescriptions of the US Sailing, the rules of the participating classes, and by these sailing instructions.

### 2. Entries

- 2.1. Competitors may enter by registering at the FLYC clubhouse before the Skipper's Meeting is scheduled to start.
- 2.2. For this regatta, the skipper must be a lady (female). And the crew must comfortable being called a tramp (male).

### 3. Notices to Competitors

- 3.1. Notices to Competitors will be posted outside the FLYC clubhouse.

### 4. Changes to Sailing Instructions

- 4.1. Any changes to the Sailing Instructions will be communicated to the competitors at the Skipper's Meeting.

### 5. Signals Made Ashore

- 5.1. Signals made ashore will be displayed on a pole near the FLYC clubhouse or from the Committee boat if dockside.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'.

### 6. Schedule of Races

- 6.1. Three (3) races are scheduled each race day. The first warning signal will be no earlier than 11:00am.
- 6.2. If the lake water level is projected to be below 400 feet, then the day's racing will be cancelled.

### 7. Class Flags

- 7.1. Class Flags and placards, if used, will be assigned at the Skipper's Meeting.

### 8. Racing Area

- 8.1. A course sheet showing the FLYC circle racing area is available at the Skipper's Meeting.

### 9. The Course

- 9.1. The courses are described on the course sheet.
- 9.2. If VHF communication is provided by race committee, channel and radio use instructions will be provided during the skippers meeting.

### 10. Marks

- 10.1. The marks are numbered 1-8 as shown on the course chart.
- 10.2. Marks 3, 4, 5, 6 are plastic barrels approximately 24" in diameter with the corresponding mark number painted on the side of the barrel.
- 10.3. Marks 1, 2, 7, 8 may either be the plastic barrels or yellow inflatable cylinders. Not all of these marks will be in place while racing.

### 11. The Start

- 11.1. Races will be started as per **RRS #26**, with classes starting as indicated by the class flag and/or placard.
- 11.2. The number of the first mark for each class will be displayed along with the class placard and the course to be sailed.
- 11.3. Multiple sound signals will be made approximately 1 minute before the first warning signal.
- 11.4. Unless otherwise specified at the skipper's meeting, the starts will be rolling starts, with the warning signal for the next class occurring simultaneously with the start of the previous class.
- 11.5. The starting line shall be a red flag between the Race Committee boat and a red flag on a starting mark.
- 11.6. The Race Committee may designate the course no later than the Preparatory signal. **This changes RRS #27.1.**
- 11.7. If a class incurs a General Recall, the Recalled class starts after all other classes have started. **This changes RRS #29.2.**

### 12. Change of Course after the Start

- 12.1. Any changes to the course will be indicated by a Race Committee boat near the next mark. The Race Committee boat shall fly a flag (as indicated below) to designate the course change.
- 12.2. Any change will be accompanied by multiple sound signals and will be signaled before the leading boat reaches the mark.
- 12.3. If a class flag or placard is displayed, the change applies only to that class.
- 12.4. **Code Flags**

- 12.4.1. Code Flag "C", will designate only the next mark of the course to be sailed. Boats will round marks thereafter in keeping with the appropriate course configuration designated for their class.
- 12.4.2. Code Flag "S", will designate that competitors shall finish between the rounding mark and the committee boat.
- 12.4.3. Code Flag "F", will designate that competitors shall round the current mark and then proceed to the finish line.

### 13. The Finish

- 13.1. The finish line will be the same as the start line. The first boat to finish will be given a horn; all other finishers will be given a whistle. After finishing, boats shall keep clear of the finish area until all classes have finished, unless starting another race.

#### 14. Time Limit

- 14.1. The leading boat of a class must finish within 2 hours from the start of her class. Boats failing to finish within one (1) hour after the lead boat finishes shall be scored "DNF." **This changes RRS #35.**

#### 15. Protests

- 15.1. Protests shall be filed in writing at Regatta Headquarters within 30 minutes of the Race Committee boat arriving at the clubhouse. USSA Forms for filing protests will be available at clubhouse. Protest notices will be posted at the FLYC Clubhouse within 30 minutes of the end of the protest time limit to inform competitors where and when there will be a hearing in which they are parties to a hearing or named as a witness.
- 15.2. The Protest Committee will be made up of Race Committee members and other competitors who have no vested interest in the outcome of the protest.

#### 16. Scoring

- 16.1. The Low-Point Scoring System, Appendix A, will apply, modified so that each boat's regatta score will be the total of her race scores.
- 16.2. Open multihull and open centerboard class boats will be scored using the most recent Portsmouth Wind Velocity Handicap numbers (HC) for the average estimated wind velocity of each race. Keel boats competing in a handicap fleet will be scored via PHRF time-on-time method, using the most recent FLYC PHRF class rules. (Please refer to the website at [www.flyc.org](http://www.flyc.org) to procure the PHRF class rules).

#### 17. Safety

- 17.1. Safety is the primary concern of the Race Committee. All centerboard and multihull boats will have, as a minimum, a 15-foot tow line (painter) attached to their mast or suitable bow fitting while afloat. Keelboats must have a boarding ladder aboard. Rescue boats under the direction of the Race Committee may ask /order skippers and crew to leave boats in distress. Failure to do so when so ordered will result in a disqualification from the entire series or regatta. When Code Flag "Y" is flown from the Race Committee boat, personal flotation devices (PFDs) must be worn by everyone until ashore. Those not complying with this rule shall be disqualified. Every boat shall render all possible assistance to any vessel or person in peril, when in a position to do so. If possible, boats retiring for the day shall notify the Race Committee.

#### 18. Awards

- 18.1. Awards will be presented as follows:

4 Starters	1 Trophy
5-7 Starters	2 Trophies
8-10 Starters	3 Trophies
11-15 Starters	4 Trophies
16+ Starters	5 Trophies

#### 19. Dock Party

- 19.1. All participants, family members, and guests are invited to attend a dock party at the conclusion of the day's events. This will be held at the FLYC clubhouse.