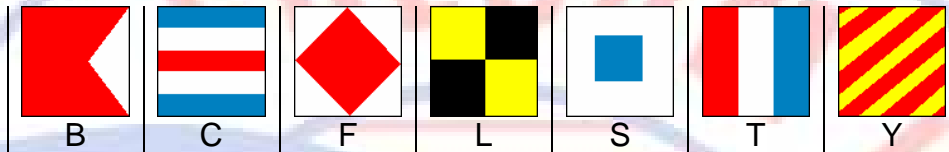


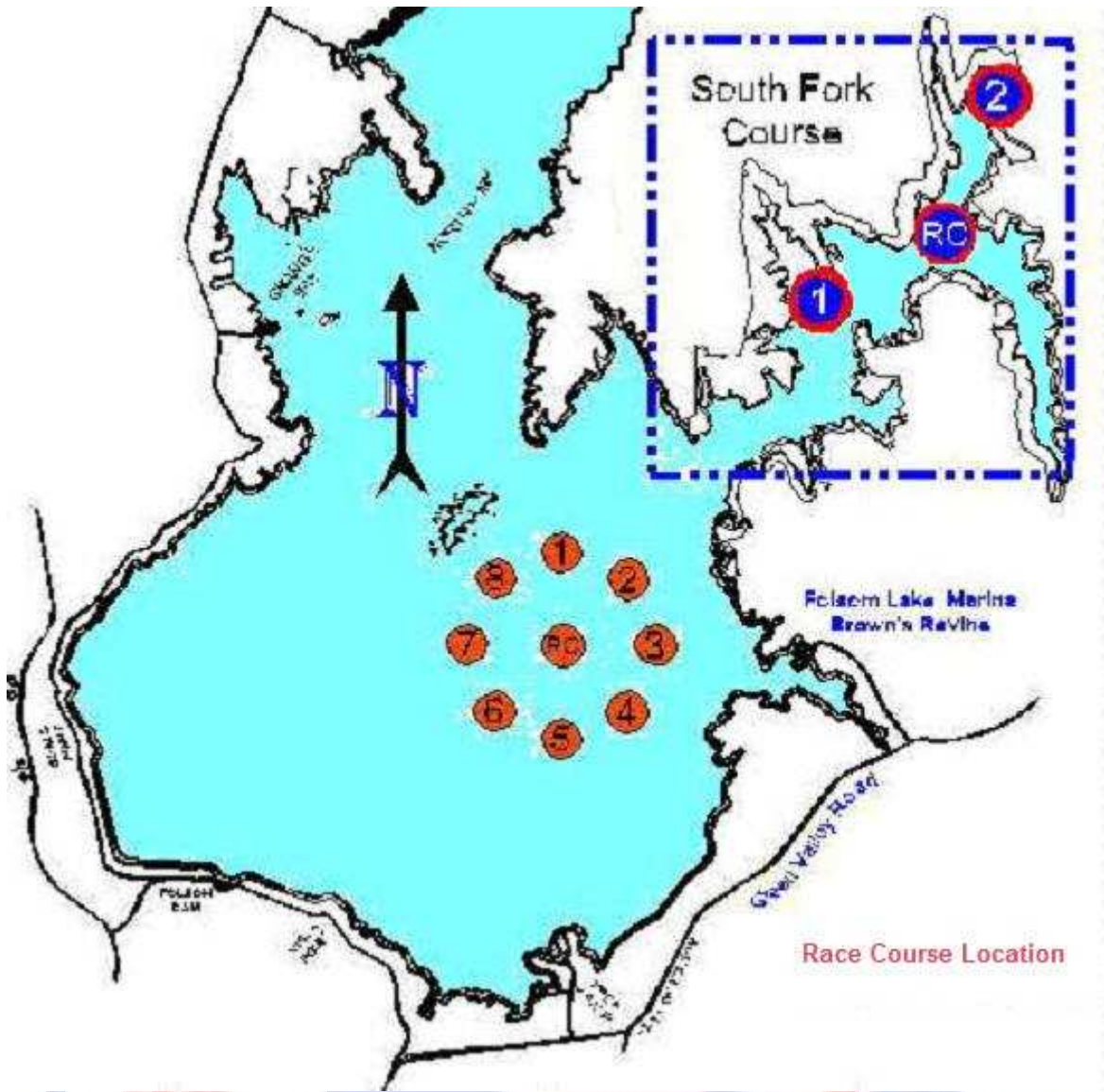
## 2007 – FOLSOM LAKE YACHT CLUB LADY and the TRAMP SAILING INSTRUCTIONS

1. **RULES:** All races will be governed by the Racing Rules of Sailing 2005 – 2008, the prescriptions of the USSA, and the rules of the participating classes, except as any of these are changed by these sailing instructions.
2. **SKIPPERS' MEETING/NOTICES TO COMPETITORS:** Skippers meeting will be held at 9:00am. In the event that a posted notice has not been published, code flag "L" shall be displayed on the docked Committee boat during the registration period. The Race Committee may give oral instructions on the water by displaying the "L" flag and stating changes to these Sailing Instructions.
3. **CLASSES:** Four boats are required to establish a one-design class, based upon pre-registration. Boats not establishing a one-design class will compete in the appropriate handicap fleet as follows: Centerboard boats will compete in the Open Centerboard fleet using Portsmouth ratings. Multihull boats will compete in the Open Multihull fleet using Portsmouth ratings. Keel boats using Southern California PHRF ratings, with a PHRF rating less than 190, shall compete in the Red Keel fleet. Keel boats with a PHRF rating of 190 and above shall compete in the Blue Keel fleet. If both Red and Blue Keel fleets have less than four boats each, both classes will compete as a combined Open Keel fleet.
4. **RACING AREA, MARKS AND COURSE:** The racing area, marks, and courses are depicted at the end of these Sailing Instructions. Circle marks 1 to 8 are barrels. If the Race Committee chooses, then the course will be in the South Fork. When racing in the South Fork, there will be just two marks, and the Race Committee will inform the boats as to the course to sail for each race.
5. **THE START/FINISH:** Races will be started using Rule 26. The Race Committee shall designate the course no later than the preparatory signal. This changes Rule 27.1. The start/finish line will be between the Committee Boat's mainmast or a staff displaying an orange flag and a mark displaying an orange or red flag to port of the Committee Boat. Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats racing. General Recalls shall follow Rule 29.2; except that recalled classes will go to the end of the starting sequence. After finishing, all boats shall keep clear of the finish area until all classes have finished and the Race Committee has lowered the Blue Shape.
6. **COURSE CHANGES AFTER THE START:** A change of course after the start will be signaled near the mark beginning the leg being changed by a Race Committee boat that will display the Code Flag "C." The Race Committee will designate only the next mark of the course to be sailed. Boats will round marks thereafter, in keeping with the appropriate course configuration designated for their class. Periodic sound signals will be made. The change will be signaled before the leading boat has begun the leg. The Race Committee may shorten a race using either of the following:
  - a. A Race Committee boat displaying Code Flag "S," accompanied by two sound signals at a rounding mark means "Competitors shall finish here, between the rounding mark and the Committee boat." The change will be signaled before the leading boat has rounded that mark.
  - b. A Race Committee boat displaying Code Flag "F," accompanied by multiple sound signals at a rounding mark means, "After rounding, proceed to finish at the original finish line." The change will be signaled before the leading boat has rounded that mark.
  - c. The Race Committee may lengthen a race by displaying Code Flag "T" at the finish line. Competitors shall proceed through the finish line and sail their designated course a second time. No sound signal will accompany Code Flag "T." The change will be signaled before the leading boat has crossed the finish line for the first time.
7. **TIME LIMIT:** The leading boat of a class must finish within 2.5 hours from the start of her class. The remaining boats must finish within one hour of the leading boat of that class. Those not finishing within these times will be scored "DNF." This changes rule 35.
8. **PROTESTS:** Protests shall be filed in writing at the dock within 30 minutes of the Race Committee boat arriving dockside, and of her hoisting Code Flag "B." USSA forms for filing protests are available at the FLYC Boathouse or docked committee boat. Protest notices will be posted at the Boathouse or docked committee boat within 30 minutes of protest time limit expiration to inform competitors where and when there will be a hearing in which they are parties to or named as witnesses.
9. **SCORING:**
  - a. The low-point scoring system, Appendix A4 of the Racing Rules will apply.
  - b. Open multihull and open centerboard class boats will be scored using Portsmouth D-PN ratings. Keel boats competing in a handicap fleet will be scored via PHRF time-on-distance method, using current FLYC or Southern California PHRF ratings, or if unavailable, by averaging current PHRF ratings, excluding the highest and lowest values when more than 4 ratings are listed.

10. **SAFETY:** Safety is the primary concern of the Race Committee. All centerboard and multihull boats will have, as a minimum, a 15-foot tow line (painter) attached to their mast or suitable bow fitting while afloat. Keel boats must have a boarding ladder aboard. Rescue boats under the direction of the Race Committee may ask you to leave your boat. Failure to do so when so ordered will result in a disqualification from the entire series. When Code Flag "Y" is flown from the Race Committee boat, personal floatation devices (PFDs) must be worn by everyone until ashore. Those not complying with this rule shall be "DSQ'd." Every boat shall render all possible assistance to any vessel or person in peril, when in a position to do so. Boats retiring for the day shall notify the RC if possible.
11. **AWARDS:** The number of awards will be determined by the number of boats registered in a class: less than 5 boats = 1 trophy; 5 – 7 boats = 2 trophies; 8 or more boats, 3 trophies
12. **DOCK PARTY:** All participants, their families and guests are invited to attend the dock party at the conclusion of each race to be held at the FLYC Boathouse or, if not floating, at the docked Committee Boat.

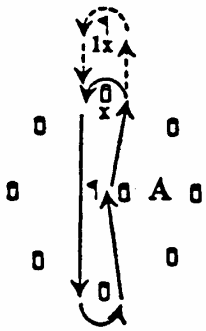
**Code Flags:**



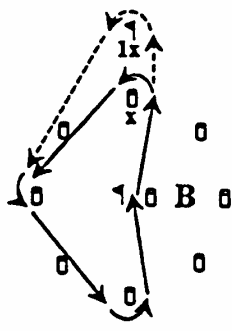


### Circle Courses

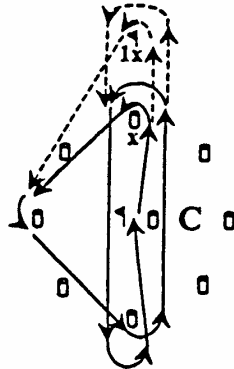
(x = 1 through 8; 1x = 11 through 18)



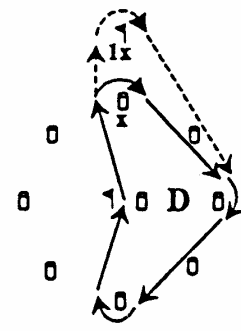
1.6 MILES



1.8 MILES



3.4 MILES



1.8 MILES