



2016 CENTERBOARD REGATTA
The Centerboard Challenge

The Folsom Lake Yacht Club invites all centerboard sailors to participate in the 2016 Centerboard Regatta.

This is a long-distance, two-leg race held on Folsom Lake. Its purpose is to provide a unique challenge for sailors by testing a variety of racing skills: tactics, navigation, boat speed, weather knowledge, concentration, etc.

In addition, this race features: (1) courses announced at the skippers' meeting, to accommodate conditions of that morning; (2) lunch served at the finish of the first leg; and (3) a party and trophy presentation at the FLYC Clubhouse after the finish of the second leg.

Date: Sat., July 23, 2016

Registration Closes: 9 a.m. on Sat., July 23.

Skipper's Meeting: 9:30 a.m., FLYC Clubhouse above the launch ramp at Brown's Ravine. Boats should be put in or ready to be put in shortly after the skipper's meeting.

All Centerboard Boats Meet up at Mark 3 at 10 a.m. for tow to starting line.

First Shape: First Shape 10:30 a.m. or as soon thereafter as determined by the RC.

Entry Fee: \$25 US Sail member, \$27 non-US Sail member (includes lunch & dock party)

Starts: All boats and all classes will start together, unless there are more than ten (10) boats entered in the regatta. If ten or more boats are entered, boats will start by their One-Design class or in the general Open Centerboard class. Design classes will be established if four (4) or more boats of a specific design register not later than 5 p.m. on Thurs., July 21, 2016.

Trophies:

The Centerboard Regatta perpetual trophy will be awarded to the best overall winner.

Individual trophies will be awarded by class as follows:

4 or fewer boats, one trophy

5 to 10 boats, two trophies

10+ boats, three trophies

For additional information, contact Vice Commodore John Poimiroo (916) 801-1013,
john@poimiroo.com.

2016 FLYC CENTERBOARD REGATTA - REGISTRATION FORM

Name (Skipper): _____

Phone: _____

Address: _____ City: _____ State: _____

E-mail: _____

Boat Make: _____

Portsmouth D-PN: _____ Sail Number: _____

Boat Name: _____ Yacht Club Affiliation: _____

Name of Crew (if any): _____

I certify that the above information is correct and agree to abide by all U S Sail, USCG, FLYC and class rules, sailing instructions and regulations. I further agree to waive all claims against FLYC and persons conducting the race for injuries and/or damages to myself, crew and my vessel. I understand all yachts entered or racing shall be subject to the direction and control of the race committee; however, it shall be the sole responsibility of each skipper to decide to start or continue the race.

Signature
(Skipper): _____ Date: _____

Entry Fee: \$25.00 US Sail individual member / \$27.00 non-member.

*Please make checks payable to: **Folsom Lake Yacht Club***

**FOLSOM LAKE YACHT CLUB
CENTERBOARD REGATTA
SAILING INSTRUCTIONS**

1. **RULES:** All races will be governed by the Racing Rules of Sailing 2013 – 2016, the prescriptions of US Sailing, the rules of the participating classes, except as any of these are changed by these sailing instructions.
2. **REGISTRATION:** Participants must register with the Race Committee (RC) in advance at the Clubhouse above the main ramp not later than 9 a.m. All participants must pay the appropriate entry fee.
3. **SKIPPER'S MEETING/NOTICES TO COMPETITORS:** Skipper's meeting will be held at 9:30 a.m. at the Clubhouse, above the main ramp. The Race Committee may give oral instructions on the water by displaying the "L" flag and stating changes to these Sailing Instructions. A committee boat will meet boats at Mark 3 at 10 a.m. to tow to starting line.
4. **SCHEDULE OF RACES:** Two legs are scheduled, with a lunch break between.
5. **CLASSES:** Four boats are required to establish a one-design class, based upon registration for the race. Boats not establishing a one-design class will compete in the Open Centerboard fleet using Portsmouth ratings.
6. **RACING AREA, MARKS AND COURSE:** The starting line for the first race will be approximately 200 yards east of FLYC Olympic circle course mark #1. The course will consist of the start, mark #1 to port, and the finish.
 - a. If wind conditions warrant, the start may be moved up the South Fork. In this case, a mark with a red flag will be placed about 200 yards upwind of the start line, and the course will be start, round the mark to port, and finish.
 - b. The finish will be located up the south fork as far as practical based off of the wind and water conditions, probably near the Salmon Falls Bridge.
 - c. Leg #2 will start at the finish line of leg #1, and will finish at an orange buoy inside the South Fork at the point the river turns toward the main body of the lake. If wind conditions warrant, the race committee may move the finish line anywhere from that buoy to inside Brown's Ravine. Where possible, the RC will offer tows to Brown's Ravine, following racing for finished boats.
7. **THE START/FINISH:** Races will be started using Rule 26. The start/finish line will be between the Committee Boat's mainmast or a staff displaying an orange flag and mark displaying a red flag to port of the Committee Boat.
 - a. Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats racing.
 - b. General Recalls shall follow Rule 29.2; except that recalled classes will go to the end of the starting sequence.
 - c. After finishing, all boats shall keep clear of the finish area until all classes have finished. Starting order will be announced at the skipper's meeting.
8. **TIME LIMIT:** The leading boat of a class must finish within 2.5 hours from the start of her class. The remaining boats must finish within one hour of the leading boat of that class. Those not finishing within these times will be scored "DNF." This changes RRS #35.

9. **PROTESTS:** Protests shall be filed in writing at the FLYC Clubhouse within 30 minutes of the Race Committee boat arriving dockside, and of her hoisting Code Flag "B." USSA forms for filing protests are available at the FLYC Clubhouse. Protest notices will be posted at the Clubhouse within 30 minutes of protest time limit expiration to inform competitors where and when there will be a hearing in which they are parties to or named as witnesses.
10. **SCORING:** The low-point scoring system, Appendix A4 of the Racing Rules will apply.
11. **SAFETY:** Safety is the primary concern of the Race Committee. All boats will have, as a minimum, a 15-foot tow line (painter) attached to their mast or suitable bow fitting while afloat. Rescue boats under the direction of the Race Committee may ask you to leave your boat. Failure to do so when so ordered will result in a disqualification from the entire series. **All competitors must wear personal flotation devices (PFDs) while sailing.** Those not complying with this rule shall be "DSQ'd." Every boat shall render all possible assistance to any vessel or person in peril, when in a position to do so. Boats retiring for the day shall notify the RC if possible.
12. **AWARDS:** The number of awards will be determined according to the following criteria: four or less boats = 1 trophy; 5 – 10 boats = 2 trophies; 10+ boats, 3 trophies.
13. **DOCK PARTY:** All participants, their families and guests are invited to attend the dock party at the conclusion of the race to be held at the FLYC Clubhouse.

CENTERBOARD REGATTA CATERED LUNCH SANDWICH ORDER

NAME: _____

Fill one form for each sailor

Please specify type of sandwich (SUBWAY SANDWICHES):

- Black Forest Ham
- Turkey Breast
- Tuna
- Cold Cut Combo
- Roast Beef
- Veggie Delight

Please specify bread:

- Italian
- Wheat
- Honey Oat
- Italian Herbs & Cheese
- Flatbread

Please specify sauce

- Mustard
- Honey Mustard
- Regular Mayonnaise
- Lite Mayonnaise
- Ranch Dressing
- Chipotle

Please specify cheese

- Provolone
- Swiss
- Monterey Cheddar
- American

Please specify toppings

- Lettuce
- Tomato
- Cucumbers
- Green Bell Peppers
- Spinach
- Red Onions
- Black Olives
- Pickles
- Salt and Pepper
- Oil and Vinegar (May be soaked by the time it's eaten)

Please specify side

- Apple slices
- Classic Lays Potato Chip
- Baked Lays Potato Chip
- Lays Salt & Vinegar
- Sour Cream Chip
- Cool Ranch Chip
- BBQ chip
- Sun Chip – Cheddar
- Sun Chip – Original
- Sun Chip – Parmesan/Herbs
- Doritos Cool Ranch
- Doritos Nacho Cheese
- Hot Cheetos